

The Songs of Ascent
HUMILITY

Psalm 131
 A Song of Ascents: of David
 February 19, 2023

*Humility is an **ACCURATE** view of ourselves
 in relation to God and others.*

*Humility creates an opportunity for us to **THRIVE**
 within God’s sovereignty.*

I. TWO EXTREMES
 131:1 – 2

- I can do **ANYTHING**
- I can do **NOTHING**

II. ONE IDEAL
 131:2

- I can do **ALL THINGS**

III. THE DIFFERENCE
 131:3

- Hope in **SELF**
- Hope in **GOD**

PERSEVERING SAINTS

Building a resilient faith through the repetition of truth.

The Songs of Ascent
 Psalm 120-134

Introduction	Jeremiah 12:1-5	November 13
OBEDIENCE <i>(Thanksgiving)</i>	Psalm 132	November 20
HOPE <i>(Advent Week 1, Adam, Hope)</i>	Psalm 130	November 27
WORK <i>(Advent Week 2, Abraham, Promise)</i>	Psalm 127	December 4
SECURITY <i>(Advent Week 3, Love, Angels)</i>	Psalm 125	December 11
JOY <i>(Advent Week 4, Joy, Shepherds)</i>	Psalm 126	December 18
HAPPINESS <i>(Christmas)</i>	Psalm 128	December 25
REPENTANCE <i>(New Years Day)</i>	Psalm 120	January 1
PROVIDENCE <i>(Epiphany January 6)</i>	Psalm 121	January 8
WORSHIP	Psalm 122	January 15
SERVICE	Psalm 123	January 22
HELP	Psalm 124	January 29
PERSEVERANCE	Psalm 129	February 5
COMMUNITY	Psalm 133	February 12
HUMILITY <i>(Ash Wednesday, February 22)</i>	Psalm 131	February 19
BLESSING	Psalm 134	February 26

*Titles in bold and all caps come from:
 “A Long Obedience in the Same Direction” by Eugene Peterson
 Copies are available for your personal devotions.*